

# Cinnamon Raisin Almond Balls

**Makes:** 6 Servings

## Ingredients

**1 cup** almonds  
**1 cup** raisins  
**1 teaspoon** cinnamon

## Directions

1. Rinse the raisins and almonds with water.
2. Toss them in the food processor with the cinnamon. When sufficiently mixed, form into balls or bar shapes.

University of Wyoming Cent\$ible Nutrition Program <http://www.uwy>

### Nutrition Information

Key Nutrients	Amount	% Daily Value*
Total Calories	232	
Total Fat	15 g	
Protein	6 g	
Carbohydrates	24 g	
Dietary Fiber	4 g	
Saturated Fat	1 g	
Sodium	91 mg	

\*Percent Daily Values are based on a 2,000 calorie diet.